

Assumption of Risk & Waiver of Liability Relating to Coronavirus/COVID-19

The novel coronavirus, COVID-19, has been declared a worldwide pandemic by the World Health Organization. COVID-19 is extremely contagious and is believed to spread mainly from person-to person contact. It is believed that an individual can be infected with COVID-19 without their knowledge and be asymptomatic.

The health and safety of our members and employees, is, as always, one of our top priorities. In the wake of COVID-19, Vero Pilates, Inc. (the "Studio") has implemented additional measures designed to help ensure we can provide you with a safe and positive experience, and to reduce the spread of COVID-19 (see below). The pandemic circumstances require that participants in the Studio's classes, training sessions, events, activities, and/or other programs (the "Program") assume personal responsibility for the risks of participation, and agree to additional Studio Protocols for the health and safety of the Studio's staff, employees and other clients.

Despite all of the precautions that you, other members, guests, individuals, Studio employees and representatives may take, the Studio cannot guarantee that you will not become exposed to or infected with COVID-19, or that if infected, that you will not pass COVID-19 to others. Attending any Program hosted by the Studio may increase your risk of contracting COVID-19, as does touching surfaces; using the exercise equipment, facilities, and amenities; direct and/or indirect interactions with other members, employees, guests or those who have COVID-19, or have been exposed to COVID-19.

Consequently, you acknowledge and understand the contagious nature of COVID-19, and voluntarily assume the risk that by attending and participating in a Studio Program you, and through you, your family, friends and others, may be exposed to or infected by COVID-19. Such exposure and/or infection may result in personal injury, illness, permanent disability, and death. You understand that the risk of becoming exposed to or infected by COVID-19 at, during or related to a Studio Program may result either from COVID-19 itself and the inability of any action or series of actions to entirely prevent exposure to, transmission of, or infection by COVID-19. It also may result from the actions, omissions, or negligence of the Studio's representatives, employees, yourself, or others, including, but not limited to other Program participants.

Knowing this, you voluntarily assume all risks and dangers related to participation in the Studio's Program, whether described in this document, otherwise known or unknown, and accept sole responsibility for any injury to yourself, including but not limited to, personal injury, illness, disability, or death, as well as any damages, losses, claims, liabilities, actions or expenses of any kind arising from or related in any way to COVID and your participation in a Studio Program, and the actions, omissions, or negligence of the Studio's representatives, employees, and agents (the "Claims") Further, you hereby release, indemnify, discharge, defend and hold harmless the Studio and its representatives, employees, and agents, from the Claims to the fullest extent permitted by law.

In consideration of being allowed to participate in a Studio Program, you agree that you have carefully read this document and fully understand that it includes a release of liability. By signing it you are voluntarily giving up legal rights. You further promise to not institute any charge, complaint or challenge to the validity of this waiver or the circumstances that surround its execution.

Name: _____ Signature: _____

Date: _____

VERO PILATES' COVID-19 PROTOCOLS, POLICIES AND PROCEDURES

Before coming to the studio you will self-screen at home for symptoms.

When arriving at the studio, please wait outside in the designated spots until your instructor invites you to enter the studio.

Inside the studio, please place your personal items in your bin, sign the daily check-in form and health declaration at reception, wash your hands thoroughly following CDC guidelines, and then proceed to the equipment station your instructor indicates.

You must wear your facemask when entering and leaving the studio. Per Long Beach County Guidelines, you may remove it specifically during your workout when you are exercising at your station, but must put it back on when leaving your station. If you forget your facemask at home, we will have masks available for purchase at the studio.

We also strongly encourage you to bring your own towel from home. If you do not have one, we will have clean towels available for your use.

Following our updated hygiene policy, we require the use of clean grip socks and personal loops. If you forget yours at home, we will have these available for purchase at the studio.

After finishing your session, please take your time thoroughly cleaning your equipment and any props you may have used.

After cleaning, make sure to thoroughly wash your hands again.

Once you have finished picking up your personal items, please exit through the back door of the studio.

Our water station will be professionally cleaned before reopening. However, we encourage you to bring your own personal water bottle with you to the studio, if possible.

We ask that **all** clients enter a method of payment online in their WellnessLiving portal so that any purchases and/or charges can be processed without the need to exchange methods of payment. Payments can also be made via Venmo and Zelle.

All clients should also have their email and text message notifications switched 'on' via their WellnessLiving account.

You understand and agree that these Protocols are for the health and safety of the Vero Pilates team and clients, including you. If you choose to not comply with the Studio's Protocols and/or a staff member's direction regarding these Protocols, you will be asked to leave the Studio and will also forfeit your session.

_____ **Initial that you have read and agree to abide by the Studio Protocols and Policies**

VERO PILATES' COVID19 CANCELLATION POLICY

In the event you need to late-cancel a class or session due to COVID -19 symptoms, you agree to notify a Vero Pilates representative immediately. In this event, you will be charged 50% of the late-cancel fee rather than the full fee. In order to resume participation at the Studio, you must present, via email, a negative COVID-19 test result, or wait at least 10 days after illness onset AND 72 hours after fever is gone, without fever-reducing medication, and COVID-19 symptoms (fever, cough, shortness of breath, and/or diarrhea) are improving.

Notwithstanding the above COVID-19 symptom-specific cancellation policy, the current 24-hour cancellation policy remains in place.

_____ **Initial that you have read and agree to the COVID-19 Cancellation Policy**